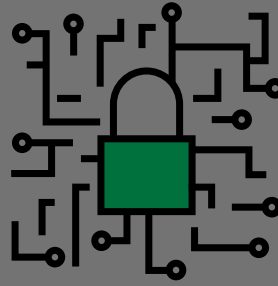# Digital Device Security

Digital safety and security isn't just about protecting yourself online, it's also about protecting your devices. If someone has access to your device, whether physically or electronically, it makes it easier for them to access your information, install spyware to monitor you without your knowledge, or block you from accessing your own devices and/or accounts.

Physical

Remember to secure your device with a password and do not leave your device unattended, especially if unlocked. If left unattended, remember the lock screen may also leak sensitive information. Please strongly consider who you let access your devices and who you share your passwords with.

Network

Be careful when joining public Wi-Fi networks. You may want to refrain from engaging in sensitive activities, such as accessing financial accounts or shopping online, when using public Wi-Fi Networks. You may also consider using a Virtual Private Network (VPN).

Settings

Make a habit of reviewing your phone settings frequently. For example, looking at apps you have allowed to track your location. You may also consider if you want to allow your phone to unlock with your fingerprint or FaceID.